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| MENU |
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| ***This menu is available at our stores; please keep in mind that items may vary by location***.   |  |  |  | | --- | --- | --- | | **Hand Rolled Bagels**  ***Regular Bagels*** - Plain, Sesame, Garlic, Poppy, Salt, Onion and Pumpernickel.  ***Specialty Bagels*** - Cinnamon Burst, Egg, Raspberry, Oat Bran, Cinnamon Raisin, Whole Wheat, Whole Wheat Everything, French Toast, Whole Wheat Multigrain and Jalapeño.  Bialy  Everything Stick  Minikin & Specialty Minikin  Flagels  Mini Bagels w. butter, cream cheese  Rolls  Croissant  **Breakfast**  (on a bagel, roll or croissant)  Bacon or Sausage  Taylor Ham  3 Egg Whites  1 Egg / 2 Eggs  Add – cheese, Taylor ham, bacon/sausage, extra egg  B.L.T.  **Desserts**  ***Pound Cake*** - Plain, Marble, Raspberry and Chocolate Chip.  ***Cookies*** - Black & White, Chocolate Chip  ***Muffins***  Blueberry, Corn, Cinnamon Burst, Cranberry Orange, Lemon Poppy, Oat Bran and Pumpkin. | **Bagels & Cream Cheese**  Butter & Jelly  Butter  Cream Cheese and Jelly  Cream Cheese (Lite or Regular)  Cinnamon Raisin  Raspberry  Walnut Raisin  Olive & Pimento  Scallion  Vegetable (Lite or Regular)  Chopped Nova  **Bagel Sandwiches**  Cheese (American Yellow, Mozzarella, Jarlsberg, Muenster or Provolone)  Chicken Salad- lite/regular(Solid white breast)  Egg Salad  Fresh Sliced Smoked Salmon & Cream Cheese  Peanut Butter  Peanut Butter & Jelly  Pizza Bagel  Tuna Salad (Solid White Albacore)-regular/lite  Tuna Melt  Plain, Honey, Smoked or Cracked Pepper Turkey  Roast Beef (In Select Stores)  White Fish Salad  **Extra’s……..**  Plain Wrap or Whole Wheat  Cream Cheese  Butter  Red Onion  Lettuce  Tomato  Cheese  Preserves or Jam  Open Sandwiches | **Lunch Meats** & **Salads (lb.)**  Turkey- Plain, Honey, Smoked or Cracked Pepper  Ham  Roast Beef (In Select stores only)  Chicken Salad (Lite/Regular)-(Solid white breast)  Tuna Salad (Lite/Regular)  Egg Salad  White Fish  Nova - Freshly Sliced  Cheese: American (yellow), Mozzarella, Muenster, Provolone, Jarlsberg Swiss  **Soup of the Day**  Small or Large; served with a Minikin  **Our Gourmet Fresh Roasted Coffee**  Premier Kona Blend  Premier Kona Blend Decaf  French Vanilla Coffee  Toasted Coconut Coffee  Colombian Hazelnut Coffee  Tea  Hot Chocolate  Iced Coffee  ***We also carry assorted Sodas, Juices, Dairy Products and Water.***  **Try Our Specialty Drinks**  Espresso, Cappuccino, Chai Tea, Iced Mocha Cappuccino, Iced Mocha Blast, Smoothie and more!  **Platters Available!** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  | | --- | |  | |  | |  | | |  | | --- | |  | |  |  |  | | --- | |  | |  | |  | | | |  | | --- | |  | |  | |  | | |  |  |  | | |  |  |  | | |  |  |  | | |